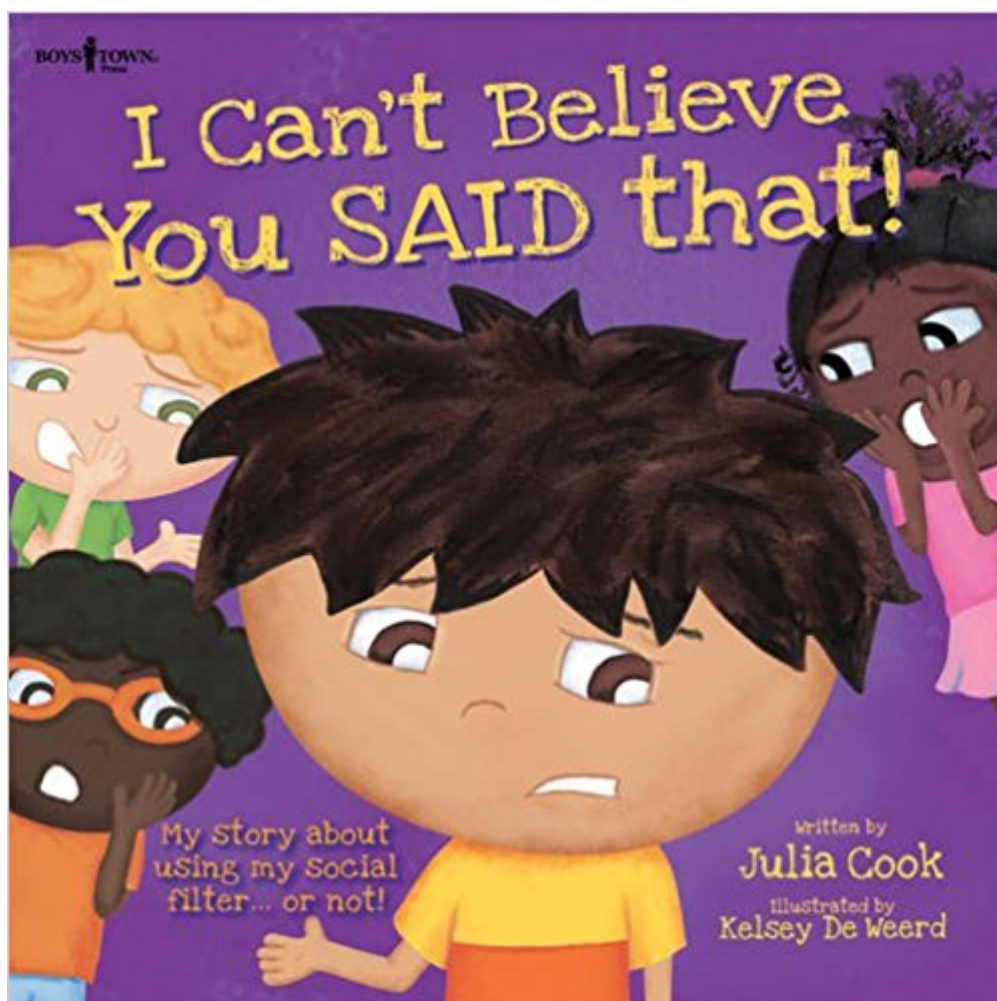


The book was found

I Can't Believe You Said That!: My Story About Using My Social Filter...or Not! (Best Me I Can Be!)



Synopsis

RJ says what he thinks… no matter how it sounds or makes others feel. His mouth is getting him into a lot of trouble. A rude comment at school earned him a detention. An insensitive remark at home earned him a scolding and made his sister cry. RJ doesn't realize his words are wrong. He thinks he's just offering feedback. It's time RJ starts using a social filter when he speaks. With help from his parents, he learns he doesn't have to verbalize every thought that pops into his head. In fact, sometimes the less said the better!. The newest addition to the Best Me I Can Be! series offers help for children who say inappropriate things. This book is part of the BEST ME I Can Be series of books to help teach social skills to children.

Book Information

Series: Best Me I Can Be!

Paperback: 32 pages

Publisher: Boys Town Press (September 1, 2014)

Language: English

ISBN-10: 1934490679

ISBN-13: 978-1934490679

Product Dimensions: 8.8 x 0.3 x 8.8 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 75 customer reviews

Best Sellers Rank: #10,833 in Books (See Top 100 in Books) #54 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Social Skills #58 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Manners #154 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings

Age Range: 4 - 8 years

Grade Level: Preschool - 3

Customer Reviews

...RJ is the rebel hero who often speaks before he thinks, needing to apologize for offending others or hurting feelings with unfiltered comments. Finally, after RJ has made a number of hurtful comments to others, his parents have a talk with him about using his social filter...They encourage him to really think about his words and how they may impact others...RJ is given an example of a situation where he manages to use his social filter to make a slightly altered comment to a

classmate that is upbeat and positive, instead of hurtful or negative. At the end of several more exciting positive comments that are turned around by use of the social filter, RJ is amazed at his success: "I can't believe I just said that, but it worked!" Additional tips are included for parents and educators to help reinforce the excellent suggestions of "I Can't Believe You Said That!" Perky, upbeat color cartoon illustrations show RJ learning from a variety of social commenting situations, keeping a fun, positive perspective. --Children's Book Watch, Midwest Book Review

Julia Cook has written more than 50 children's books and activity books to help teach children social skills.

I teach 2nd grade and my students ABSOLUTELY LOVE this book!!!! It has reminded them how to work on their social filter, and we have re-read a few more times thru out the school year (not my choice ...but the students have requested to hear the read aloud once more). Definitely a great book to have and many of my cohorts have borrowed it from me as well!

My daughter loves these books. She asks to hear the RJ story. They send great messages and ideas on how to deal with real life situations.

I love this book. I am an elementary school counselor and I use it with kids to show them what is appropriate to say and what we should keep in our thinking bubble. After I read this book we play a game to go along with it. I have the kids be social filters and decide which phrases say in the thinking bubble and which go in the talking bubble.

Good book, the kids enjoy the things RJ says before he learns to use his filter so it keeps their attention well! Great topic for kids to learn about and can apply to not only their social interactions but also the way they express their feelings and communicate.

I'm a Speech-Language Pathologist who works on social skills quite frequently. I was introduced to Julia Cook's books by one of my EC coworkers. I love them! They pair extremely well with Social Thinking, which is the program I use frequently. Julia makes difficult topics come to life in such an understandable way. I especially love this book.

Very helpful with my Autistic son

Love it

A little long, but a good message for children to find and use their social filter. I used it in a children church setting and talked about being teachable, to accept correction to make yourself a better person who does not hurt others with your words.

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CBT Worksheets for Teenage Social Anxiety: A CBT workbook to help you record your progress using CBT for social anxiety. This workbook is full of ... CBT therapy and CBT books on social anxiety.
The Faith: What Christians Believe, Why They Believe It, and Why It Matters
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